



Zen Shiatsu Short Course - Intensive Timetable 2025

The Living Centre (East Melbourne) practical classes

Week One The Augustine Centre (Hawthorn)	Tuesday	Wednesday	Thursday	Friday		
	11-Feb	12-Feb	13-Feb	14-Feb		
Morning 930-1230	Zen (JD)	Zen (JD)	Zen (JD)	Zen (JD)		
Afternoon 2-5	Zen (JD)	Zen (JD)	Zen (JD)	Zen Clinic (JD)		
Week Two	Tuesday	Wednesday	Thursday	Friday		Saturday
	8-Apr	9-Apr	10-Apr	11-Apr		12-Apr
Morning 930-1230	Zen (JD)	Zen (JD)	Zen (JD)	Zen (JD)	Zen (JD)	
Afternoon 2-5	Zen (JD)	Zen (JD)	Zen (JD)	Zen Clinic (JD)		